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BULLETIN 20A · Sewing dainty lingerie

# Sewing dainty lingerie

THE JOY OF WEARING dainty lingerie can easily be yours. Choose your favourite style and colour and the most suitable fabric—and make your own. The care which you take in the cutting and stitching will give you ample reward in the lasting qualities of your garment. Add your own personal touch with the trimming, whether it be lace edging, frills, contrasting binding or a touch of simple embroidery.

The choice of suitable fabrics is wide, ranging from cotton and rayon to the synthetics, Terylene and nylon.

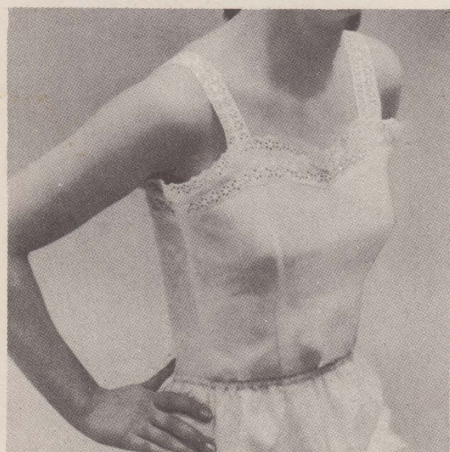
White cotton is a favourite choice for lingerie today and it has been used to make the matching set of camisole, panties and stiffly starched, frilled waist petticoat. Broderie Anglaise edging makes an attractive trimming. Cotton is a practical fabric as it wears and washes well and, provided it is

fast dyed, it may be boiled when badly soiled.

The camisole has been designed to wear under sheer fabrics, as it will conceal any undergarments and shoulder straps. The starched, frilled petticoat will make full skirts stand out stiffly.

Rayon may be used for lingerie and full details of the range of rayon fabrics will be found in Bulletin No. 4A. Rayon cannot be starched.

The synthetic fabrics—Terylene and nylon—are excellent for lingerie but the following special precautions must be taken when cutting and sewing them. Allow  $\frac{3}{4}$  in. seam allowance and cut with very sharp scissors. Ease the tension of the thread slightly on the sewing machine, so that the stitching does not pucker the fabric. Always stitch synthetic fabric with a synthetic thread. As most synthetic fabrics fray readily, use french seams where possible. Do not starch Terylene or nylon.



**GAMISOLE**

**Size:** Bust 34 in. To construct other sizes see Pattern Alteration, Bulletins 5A and 12A.  
**Materials:**  $\frac{3}{4}$  yd. white cotton, 36 in. wide.  $1\frac{1}{2}$  yd. Broderie Anglaise Edging 2 in. wide. 1 yd. Broderie Anglaise Insertion  $1\frac{1}{2}$  in. wide, of similar design. 1 lightweight, self-locking Zip Fastener, 10 in. long. 3 Hooks. 1 reel white Mercerised Sewing Cotton No. 40.

1 Sharps Needle No. 7. 1 Machine Needle No. 14.

**Patterns:** Make these from diagram, 1 sq. = 1 in. Solid spots mark edge to be laid on the folded edge of fabric. Arrows mark the straight grain. Broken lines mark darts. Xs mark position of shoulder straps. C.F. marks centre front, C.B. marks centre back.  
**Cutting Directions:** Allow  $\frac{3}{4}$  in. for seams on pattern pieces and finish seams with machine stitching. Pattern A—Front Bodice—Cut 1 piece. Pattern B—Back Bodice—Cut 1 piece. Shoulder straps—Cut broderie anglaise insertion in half.

**Sewing Directions:** (1) Tailor tack round pattern pieces and darts to mark stitching lines. (2) Run a basting thread down centre front and centre back sections. (3) Pin and baste darts. (4) Press seam allowances to wrong side at left side seam. Clip to  $\frac{1}{4}$  in. from fitting line at waist curve to flatten seam allowances and buttonhole stitch the clipped edge. (5) Insert and baste zip fastener in position, using semi-concealed method of application. (6) Baste right side seam. (7) Fit camisole, making any necessary alterations. (8) Machine stitch darts and press towards centre. (9) Machine stitch right side seam; press open and finish raw edges. (10) Clip seam at waist curve and buttonhole

stitch the raw edges. (11) Machine stitch zip fastener in position. (12) Turn in raw edges of fabric under the zip fastener tape and overcast to tape. (13) Turn down top ends of zip fastener and hem to tape. (14) Turn seam allowance at top edge of camisole to wrong side and baste, clipping fabric at centre front point to within  $\frac{1}{4}$  in. of fitting line. Buttonhole stitch the clipped edge. (15) Place the top folded edge of camisole to the broderie anglaise edging with  $\frac{1}{2}$  in. of edging extending beyond each side of the zip fastener. Baste and topstitch close to the folded edge. (16) Trim raw edge of broderie anglaise to  $\frac{1}{4}$  in. Finish raw edges by turning in the raw edge of the camisole; fold it down to meet the line of stitching. Slipstitch the folded edge in position just above the machine stitching. (17) Turn in raw edges of broderie anglaise and slipstitch. (18) Sew the hooks and work buttonhole loops to correspond at the ends of the broderie anglaise. (19) Turn up hem along lower edge of camisole and slipstitch. (20) Slipstitch one end of each strap in position to camisole. (21) Put on camisole, measure length of shoulder straps and slipstitch remaining ends in position. If, owing to the width of the broderie anglaise edging, there is excess fullness at centre front and under the arms, remove it with small tucks or darts.



## PETTICOAT

**Size:** Waist 26 in. Hips 38 in. To construct other sizes, see Pattern Alteration, Bulletin 12A.

**Materials:** 2½ yd. white cotton, 36 in. wide. 4 yd. Broderie Anglaise Edging, 2 in. wide. 1 lightweight, self-locking Zip Fastener, 8 in. long. 2 Hooks and Eyes. 1 Press Stud. 1 reel white Mercerised Sewing Cotton No. 40. 1 Sharps Needle No. 7. 1 Machine Needle No. 14.

**Patterns:** Make these from diagram, 1 sq. = 1 in. Solid spots mark edge to be laid on the folded edge of fabric. Arrows mark the straight grain. Broken lines mark dart. C.F. marks centre front, C.B. marks centre back.

**Cutting Directions:** Allow ¾ in. for seams on pattern pieces and finish seams with machine stitching. Pattern A—Front—Cut 1 piece. Pattern B—Back—Cut 1 piece. Waistband—Cut 1 piece, 3½ in. × 29 in. Top Frill—Cut 2 pieces, 9½ in. × 36 in. Lower Frill—Cut 4 pieces, 11 in. × 36 in.

**Sewing Directions:** ¾ in. seams have been allowed on all frill sections. (1) Tailor tack round pattern pieces and darts to mark stitching lines. (2) Run a basting thread down centre back and front of shaped sections. (3) Pin and baste darts. (4) Pin and baste side seams, leaving an opening of 8¾ in. at left side. (5) Insert and baste zip fastener in position on left side, using semi-concealed method of application. (6) Fit and make any necessary alterations. (7) Machine stitch darts and press towards centre. (8) Machine stitch side seams and press open. (9) Stitch zip fastener. (10) Finish raw edges. (11) Place the two top frill sections right sides together, raw edges even. Baste and stitch the short ends. Press seams open and turn to right side. Stitch the four lower frill sections together in the same way. (12) Run two rows of gathering stitches (one ⅓ in. above the fitting line, the other ⅓ in. below) round one long edge of each of the two frill sections. (It is more simple to control the gathers, if the lines of gathering stitches are split up into sections, having each section of gathers from seam to seam.) (13) Pull up and space

gathers evenly on top frill, to fit lower edge of shaped section. Repeat with gathers on lower frill so that it will fit lower edge of top frill (14) Turn in lower edge of shaped section; place it over gathers on top frill section, matching seams. Baste and topstitch in position. Repeat with the lower edge of top frill, and the lower frill. (15) Turn in remaining long edge of lower frill section to the wrong side and baste. (16) Place this folded edge to the broderie anglaise edging, overlapping the short ends. Baste and topstitch close to the folded edge. Slipstitch the short ends together. (17) Finish the short raw edges of edging on the wrong side with buttonhole stitch. (18) Trim the gathered raw edge of one topstitched seam to ¼ in. (19) Finish raw edges by turning in the other raw edge of the seam; fold it down to meet the line of stitching. Slipstitch the folded edge in position just above the machine stitching. Repeat with the remaining raw edges of frills. (20) Fold waistband in half lengthwise, right sides together, raw edges even. Baste and machine stitch the two short ends and stitch along the raw edges 1½ in. from one end for the overlap. Trim seams; clip seam allowance to the end of stitching on lower edge, turn to right side and press. (21) Place one edge of waistband to the right side of petticoat, raw edges even and with the overlap extending 2 in. beyond the front edge of the opening. Machine stitch along the fitting line. Trim seam to



¼ in. (22) Fold waistband over to the wrong side; turn in the remaining long raw edge and slipstitch in position just above the machine stitching. (23) Sew eyes to the edge of underlap of waistband and hooks to the overlap to correspond. (24) Sew a press stud in position to secure overlap.

## PANTIES

**Size:** Waist 26 in. Hips 38 in. To construct other sizes see Pattern Alteration, Bulletin 12A.

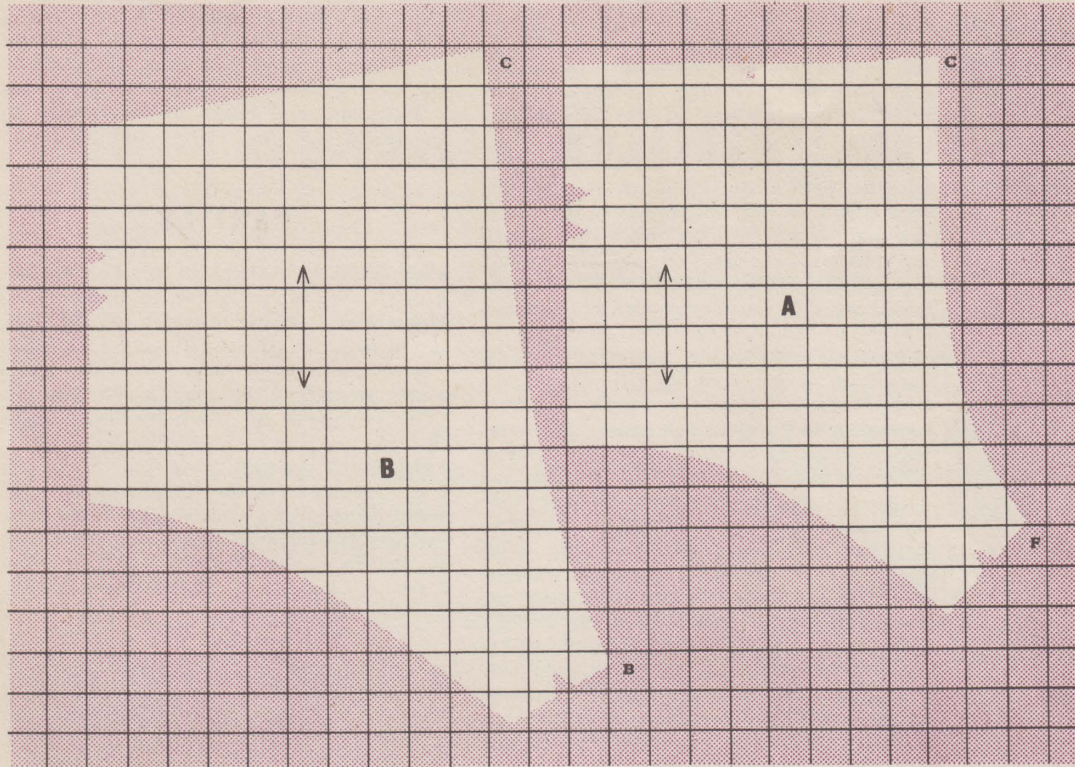
**Materials:** 1 yd. white cotton, 36 in. wide. 1½ yd. Broderie Anglaise Edging 1 in. wide. 1 piece elastic 25 in. long, ¼ in. wide. 1 reel white Mercerised Sewing Cotton No. 40. 1 Sharps Needle no. 7. 1 Machine Needle No. 14.

**Patterns:** Make these from diagram, 1 sq. = 1 in. Arrows mark the straight grain. C.F. marks centre front, C.B. marks centre back.

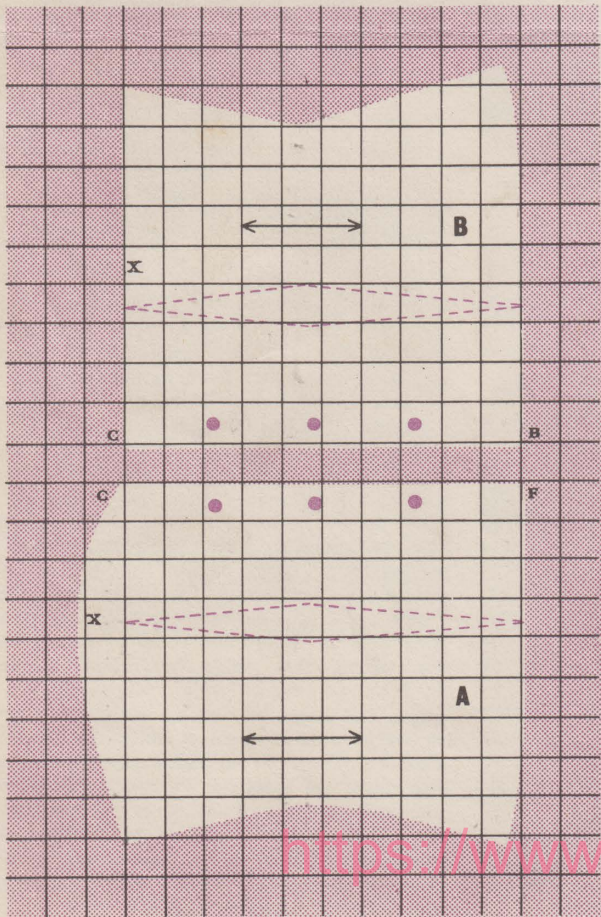
**Cutting Directions:** Allow ¾ in. for seams on pattern pieces. Pattern A—Front—Cut 2 pieces. Pattern B—Back—Cut 2 pieces. Cut the edging in half.



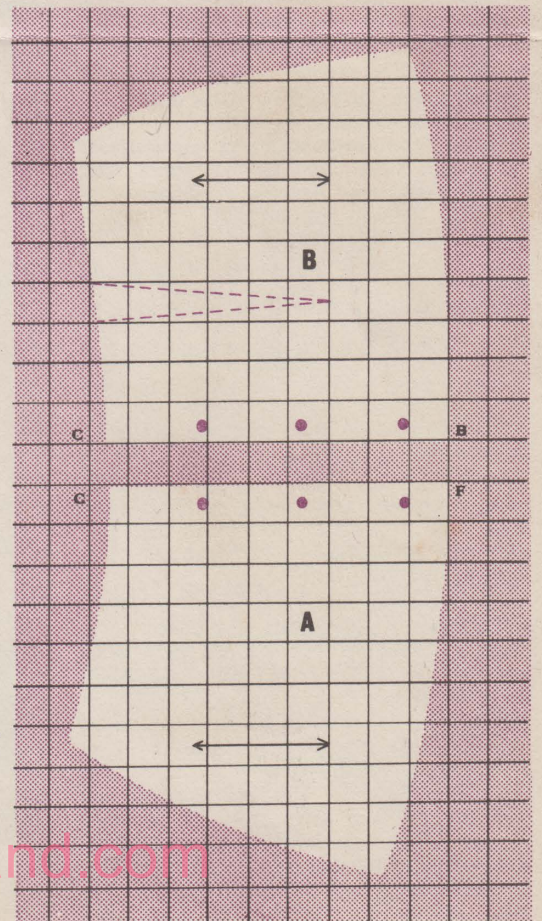
**Sewing Directions:** (1) Tailor tack round pattern pieces to mark stitching lines and notches. (2) Join both side seams with a french or machine fell seam, matching notches. (3) Join the underleg seam with a french or machine fell seam, on both leg sections. (4) Join the leg sections, with french or machine fell seams, matching underleg seams, stitching from the front waist up to the back waist. (5) Turn in the raw leg edges to the wrong side and baste. (6) Place these folded edges to the broderie anglaise edging, overlapping the short ends. Baste and topstitch close to the folded edge. Slipstitch the short ends together (7) Finish the short raw edges of edging on the wrong side with buttonhole stitch. (8) Trim raw edge of broderie anglaise to ¼ in. Finish raw edges by turning in the raw edge of pantie; fold it down to meet the line of stitching. Slipstitch the folded edge in position just above the machine stitching. (9) Baste and machine stitch a ½ in. hem at top raw edge. (10) Work a small vertical buttonhole on wrong side of hem at the centre back, ¼ in. from the seam. (11) Thread elastic through hem and sew ends securely.



PANTIES



CAMISOLE



PETTICOAT

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