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Paragon

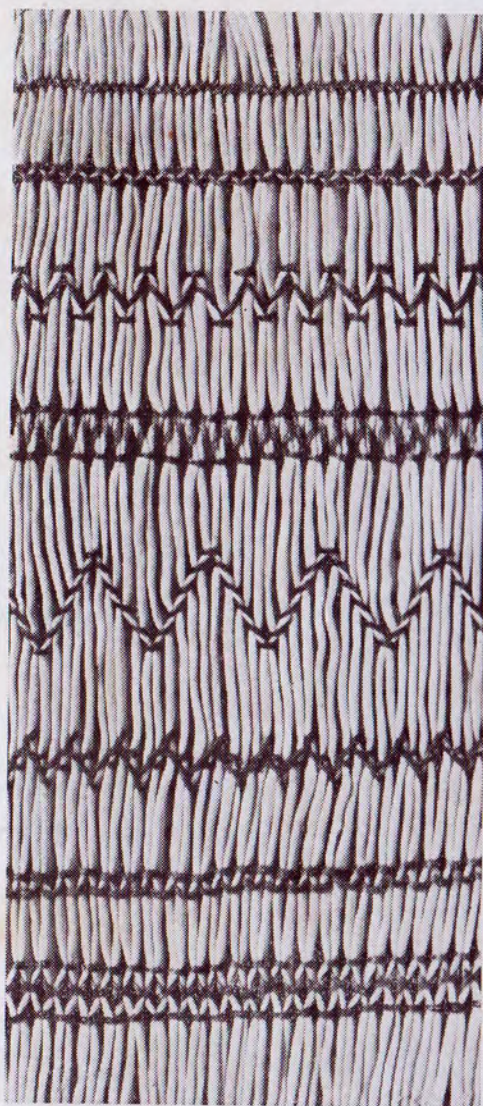
BOOK II. 1/-

SMOCKING

FOURTEEN
NEW
DESIGNS



THE STITCHES



OUTLINE STITCH

CABLE STITCH

SINGLE WAVE STITCH

VANDYKE STITCH

STEP WAVE STITCH

FEATHER STITCH

LOOP STITCH

DOUBLE LOOP STITCH

The 8 stitches illustrated above form the basis of all smocking. Designs are made by varying these stitches and forming them into patterns and groups to the depth of the smocking required. The combinations that can be obtained from these simple stitches are as numerous as they are effective. For details of stitches see pages 3 and 4.

HOW TO DO THEM

OUTLINE STITCH

(Worked from **left to right**): Knot the thread and bring the needle up through the first flute on the left-hand side. Keeping the thread **above** the needle, pick up a small piece of the material on the next flute, the needle slanting downwards. Repeat this procedure on each successive flute across the width of the work. **Note:** When working a double row of outline stitch, reverse the stitch by keeping the thread **below** the needle and the needle slanting upwards.

CABLE STITCH

(Worked from **left to right**): This is similar to outline stitch, but the needle is inserted horizontally and the stitches are worked alternatively, the first one with the thread **below** the needle and the next one with the thread **above** the needle. **Note:** When working two rows of cable stitch close together, reverse the second row by working the first stitch with the thread **above** the needle and the second stitch with the thread **below** the needle. This gives an attractive double cable effect.

SINGLE WAVE STITCH

(Worked from **left to right**): Bring the needle through at the first flute and take a stitch through the second flute beside the first, keeping the thread **above** the needle and draw together. Still with the thread **above** the needle, pick up the flute to the right in the line **below**. Now with the thread **below** the needle, pick up the next flute on the same line and draw together. Keep the thread **below** the needle and pick up the flute to the right in the line **above**. With the thread **above** the needle, pick up the next flute on the same line and draw together. Continue in this way until the row is completed.

VANDYKE STITCH

(Worked from **right to left**): Bring the needle through at the second flute from the right-hand side and take the first and second flutes together with a back stitch. Now take the second and third flutes together on the line below with a stitch, then work a back stitch over them in the same place. Now go back to the line above and take together the third and fourth pleats in the same way. Continue in this way until the row is completed.

STEP WAVE STITCH

(Worked from **left to right**). This is a variation of the single wave stitch, but instead of ascending between the foundation threads with one stitch only, two stitches are used, one on the line and the next one halfway between the lines. The illustration shows a four-step wave. Several rows of step wave stitch can be worked closely together.

FEATHER STITCH

(Worked from **right to left**). Bring the needle up at the side of the first flute at the right-hand side of the work, and, keeping the thread **in front** of the needle, take a stitch through the first flute. Now descend to halfway between the lines and take a stitch through the second flute, but this time keeping the thread **in front of** and **below** the needle. Descend to the next line and take a stitch through the third flute, still keeping the thread **in front of** and **below** the needle. Now ascend back to the line above in two steps, taking up one flute each time, and keeping the thread **in front of** and **above** the needle. Continue in this way right along the row. This stitch may be worked in as many steps as desired in the same manner as the step wave stitch is worked.

LOOP STITCH

(Worked from **left to right**): This is worked in almost the same way as cable stitch, but the lower stitch is held loosely in place by the left thumb to form a loop while working the next stitch.

DOUBLE LOOP STITCH

(Worked from **left to right**): The first row is worked on the line exactly as for loop stitch. The next row is reversed, worked on the line below and taking the needle up through the loops on the previous row.

INTRODUCTION

This book is the successor to "Smocking Simplified," the popular Paragon publication which has already introduced this artistic craft to so many lovers of smart embroidery. And here we take you to the most fascinating stage of smocking—the combining of basic stitches to form patterns for a variety of uses. Among these pages is to be found a splendid range of entirely new smocking designs, together with concise instructions and illustrated suggestions of how they may be employed. However, it is not essential to confine the patterns to the garments that are displayed in the book, as each design can be adapted for an entirely different purpose. Similarly you will find it a fascinating game to work out your own patterns from the basic stitches as illustrated on page 2.



PREPARATION

STAMPING DIRECTIONS: First press material, then using a warm iron, transfer smocking dots on to the **wrong** side of the fabric.

GATHERING THREADS: The rows of dots are gathered at the back of the material, and fluted to the required width, then tied in pairs securely. The material is now prepared for the actual smocking.

TERMS: In each pattern the words "line" and "row" are used extensively. "Line" means the lines of gathering threads; "row" refers to the row of stitching being worked.

The designs in this book are new and exclusive, and have been expertly arranged for effective finishings.

DESIGN No. 1

Transfer on 9 lines of dots.

1st row: Cable stitch worked on line 1.

2nd row: Cable stitch worked halfway between lines 2 and 3.

3rd row: * Commencing on line 5, work a 2-step wave ascending to line 4, descending to line 5, followed by 9 cable stitches worked very slightly above line 5. Repeat from * to end of row.

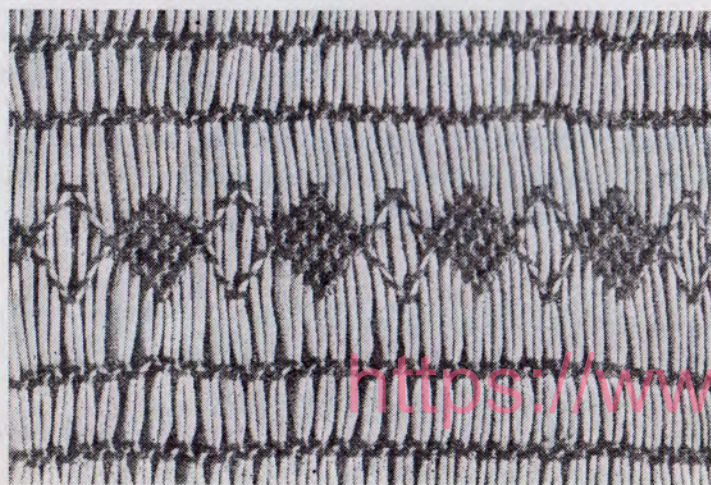
4th row: * Commencing on line 5, work the 3rd row in reverse, thus forming diamonds with a row of double cable in between each one. Complete the solid diamonds by working rows of cable stitch above and below the cable stitch already worked, reversing every second row to form double cables and working 1 stitch less on every alternate row at each end until a neat point is formed.

5th row: Cable stitch worked halfway between lines 7 and 8.

6th row: Cable stitch worked on line 9.

The original was worked in deep turquoise on a pale turquoise background.

Requiring 9 lines of dots, this design can be used when only a small depth is needed. A delightful little pattern very suitable for a baby boy's romper, shirt, or smock.



DESIGN No. 2

Transfer on 14 lines of dots.

1st row: Single wave stitch worked between lines 1 and 2.

2nd row: Repeat the 1st row between lines 2 and 3.

3rd row: Cable stitch worked slightly above line 4.

4th row: Cable stitch reversed, worked slightly below line 4.

5th row: Commencing on line 6, a 2-step wave ascending to line 5, descending again to line 6. Repeat along row.

6th row: Commencing on line 6, work a 2-step wave in reverse, descending to line 7, to form diamonds.

7th row: Cable stitch worked slightly above line 8.

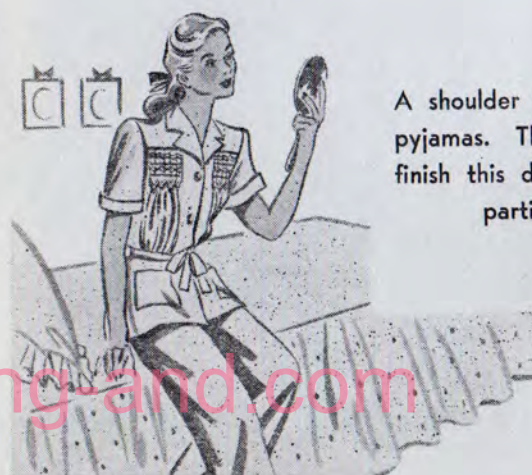
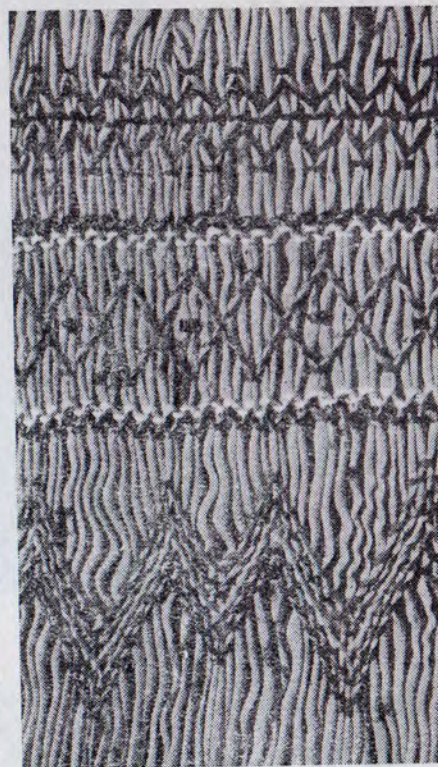
8th row: Cable stitch in reverse, slightly below line 8.

9th row: * Commencing on line 9, a 4-step wave descending to line 11, ascending again to line 9, then a 6-step wave descending to line 12, ascending back to line 9. Repeat from * along row, thus forming alternate large and small points.

10th, 11th, 12th and 13th rows: Repeat the 9th row, each half a line lower.

Complete the pattern by working a small dot in a contrasting shade in the centre of each alternate diamond.

The original was worked in light and dark blue, ivory and two shades of pink on a pale pink floral background.



A shoulder finish for nightdress, or pyjamas. The irregular points which finish this design are ideal for this particular decoration.

DESIGN No. 3

Transfer on 11 lines of dots.

1st row: Cable stitch worked on line 1.

2nd row: Single wave worked halfway between lines 1 and 2, descending to halfway between lines 2 and 3. Repeat along row.

3rd row: Cable stitch worked on line 3.

4th row: Commencing on line 4, work 5 cable stitches (the first one with the thread above the needle), a 2-step wave descending to line 5, followed by 5 cable stitches, then a 2-step wave ascending to line 4. Repeat along row.

5th row: Commencing on line 6, work 5 cable stitches (the first one with the thread below the needle), a 2-step wave ascending to the bar of cable stitches on line 5, slip the needle under the bar of cable stitches and out at the other end, leaving the thread loose, then work a 2-step wave descending to line 6. Repeat along row.

6th row: Commencing on line 8, work 5 cable stitches (the first one with the thread below the needle), a 2-step wave ascending to line 7, followed by 5 cable stitches, then a 2-step wave descending to line 8. Repeat along row.

7th row: Fill in the spaces between the bars of cable stitches on lines 6 and 7 with 2-step waves to complete the circle-like figures.

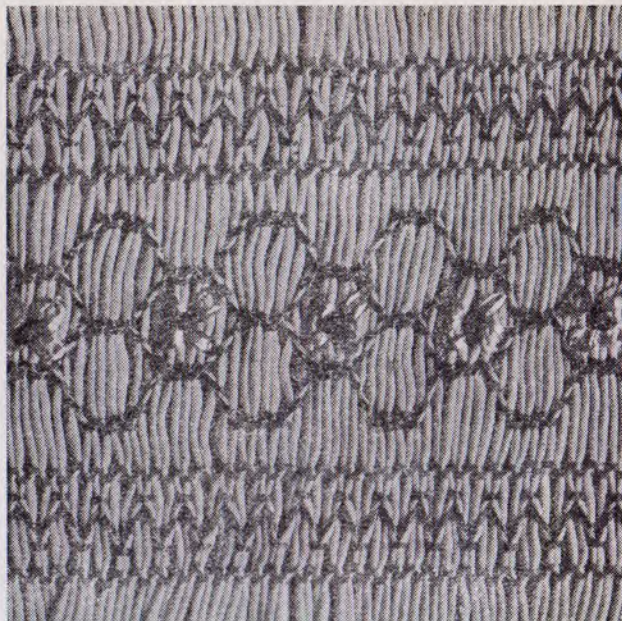
8th row: Cable stitch worked on line 9.

9th row: Repeat the 2nd row halfway between lines 9 and 10 and 10 and 11.

10th row: Cable stitch worked on line 11. Work a small flower in lazy daisy in the middle of each centre circle.

The original was worked in Gold and Mid-Blue on a White background.

A sweet design finished with little lazy daisies worked in the middle of the Smocking. Baby will look adorable wearing a nightgown smocked with this dainty pattern.



DESIGN No. 4

Transfer on 11 lines of dots.

1st row: * Commencing on line 1, work 11 cable stitches, the first one with the thread above the needle (a 4-step wave descending to line 3, ascending again to line 1) twice. Repeat from * along row.

2nd row: Commencing on line 3, work the 1st row in reverse (the first cable stitch with the thread below the needle), thus forming alternate block shapes and sets of 3 diamonds.

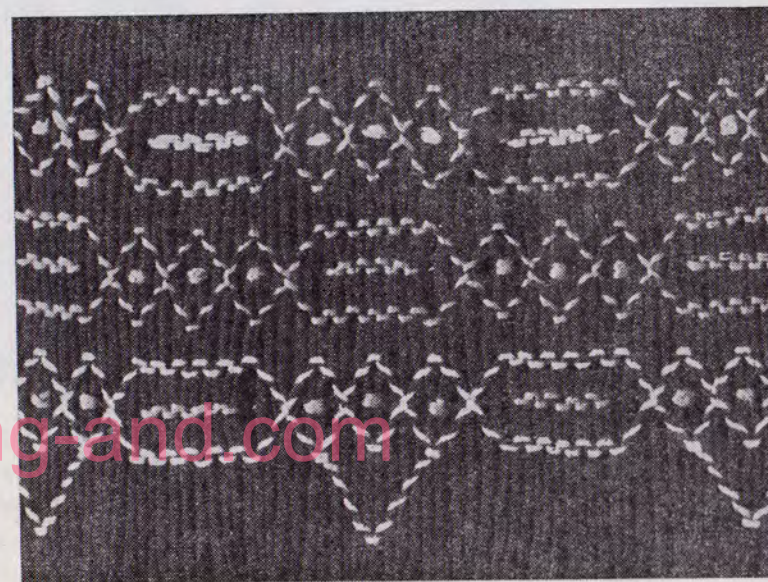
3rd row: * Commencing on line 4, take 2 flutes together (this stitch should come exactly underneath the end of the block of the previous row), a 4-step wave descending to line 6, a 4-step wave ascending to line 4, then another 4-step wave descending to line 6, followed by 11 cable stitches, then a 4-step wave ascending to line 4. Repeat from * along row.

4th row: Commencing on line 6, work the 3rd row in reverse to complete another set of blocks and diamonds.

5th and 6th rows: Commencing on lines 7 and 9, repeat the 1st and 2nd rows once again.

7th row: Work a 4-step wave descending to line 11 and ascending back to line 9 between the outer points of the diamonds on the last row as shown in the illustration. To complete the design, work 9 cable stitches down the centre of each block and a small dot in the centre of each diamond in a contrasting shade from that used for the outer stitches.

The original was worked in rust, gold and turquoise on a leaf brown background.



DESIGN No. 5



Transfer on 12 lines of dots.

1st row: Cable stitch worked on line 1.

2nd row: Cable Stitch worked on line 2.

3rd row: * Commencing on line 4, work a 3-step wave ascending to halfway between lines 2 and 3, a 3-step wave descending to line 4, then a 2-step wave ascending to line 3, followed by a 2-step wave descending to line 4. Repeat from * along row.

4th row: Commencing on line 4, work the 3rd row in reverse to form alternate large and smaller diamonds.

5th row: Commencing on line 9, repeat the 3rd row, the 3-step wave ascending to halfway between lines 7 and 8 and the 2-step wave ascending to line 8.

6th row: Commencing on line 9, work the 5th row in reverse to form a second set of diamonds.

7th row: Cable stitch worked on line 11.

8th row: Cable stitch worked on line 12.

Now work the centre diamonds by working 3-step waves between the points of the smaller diamonds only, breaking the thread after working each diamond.

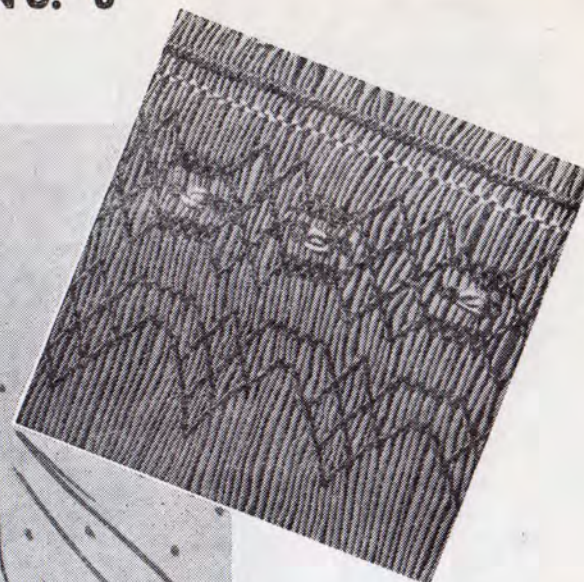
Complete the effect by working a smaller diamond inside each larger one with a contrasting shade from that used for the outer stitches.

The original was worked in gold, mid-brown, orange, and grass green on an apple green background.



These two designs are conventional and will look effective on practically any type of apparel. No. 6, with rose-bud embroidery incorporated with the smocking, will add glamour to any nightdress. No. 5 is simple yet effective and very suitable for pyjamas.

DESIGN No. 6



Transfer on 12 lines of dots.

1st row: Outline stitch worked on line 1, keeping the thread above the needle.

2nd row: Outline stitch worked immediately underneath 1st row, keeping the thread below the needle.

3rd row: Cable stitch worked on line 2.

4th row: * Commencing on line 4, (a 2-step wave ascending to line 3, descending again to line 4) twice, followed by 9 cable stitches worked very slightly above line 4. Repeat from * along row.

5th row: Work the 4th row in reverse, thus forming sets of 2 diamonds with double cable in between each set.

6th and 7th rows: Working between the 5th and 7th lines, repeat the 4th and 5th rows once again, thus forming the shape shown in the illustration.

8th row: Commencing on line 8, work the 5th row again, the points descending to line 9.

9th row: * Commencing on line 10 (a 2-step wave ascending to line 9, descending again to line 10) twice, thus forming a diamond in the centre, ascend again in 2 steps to line 9, followed by 3 cable stitches, then a 2-step wave descending to line 10.

Repeat from * along row. **NOTE:**—The cable stitches in this row must come exactly in the centre underneath the cable stitches of the previous row.

10th and 11th rows: Working in 2-step wave, complete the points in diamonds as shown in the illustration.

Complete the design by embroidering small rosebuds and lazy daisy leaves as shown in the illustration.

The original was worked in Lilac, Cyclamen and Deep Turquoise on a background of Light Turquoise.

DESIGN No. 7

Transfer on 14 lines of dots.

1st row: Cable stitch worked on line 1.

2nd row: Cable stitch worked on line 2.

3rd row: Commencing on line 3, work a 3-step wave descending to halfway between lines 4 and 5, ascending again to line 3. Repeat along row.

4th, 5th, and 6th rows: Repeat the 3rd row, each half a line lower.

7th, 8th, 9th, and 10th rows: Commencing halfway between lines 7 and 8. Repeat the last 4 rows in reverse to form diamonds.

11th row: Commencing on line 11, a 3-step wave ascending to halfway between lines 9 and 10, descending again to line 11. Repeat along row.

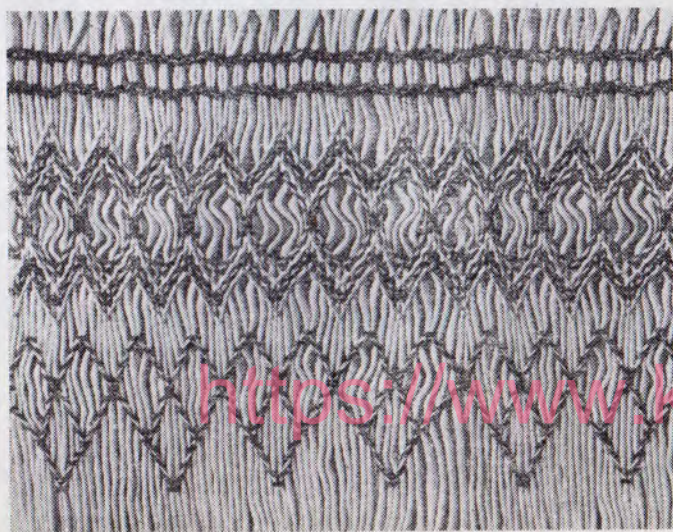
12th row: Commencing on line 11, work the 11th row in reverse to form diamonds.

13th row: Complete the points by forming further diamonds in 3-step wave, underneath the first set, missing every alternate one.

The original was worked in toning shades of Gold, Green, Brown and Ivory on a Lemon background.



A carefully prepared design suitable for many purposes. The illustration shows it worked around the yoke of a little girl's frock.



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DESIGN No. 8

Transfer on 12 lines of dots.

1st row: Outline stitch on line 1, keeping the thread above the needle.

2nd row: Outline stitch immediately below the 1st row, keeping the thread below the needle.

3rd row: Vandyke stitch worked between lines 2 and 3.

4th and 5th rows: Repeat first 2 rows on line 4.

6th row: Commencing on line 6, single wave ascending to line 5, single wave descending to line 6, followed by 5 cable stitches. Repeat along row.

7th row: Repeat 6th row on lines 7 and 8, reversing the order of pattern to form diamonds.

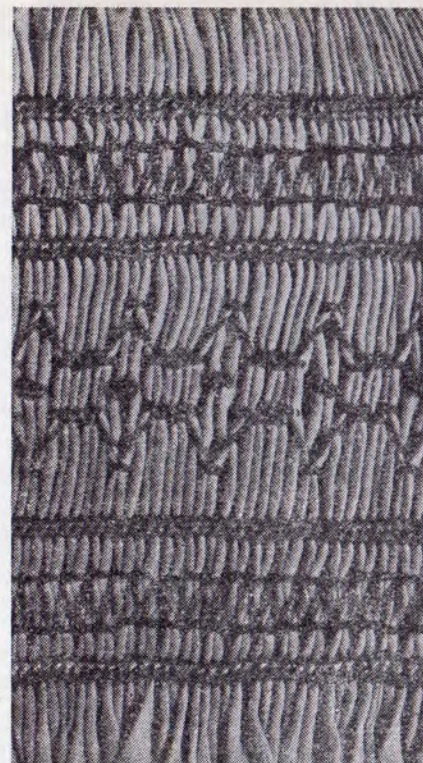
8th and 9th rows: Repeat first 2 rows on line 9.

10th row: Vandyke stitch worked between lines 10 and 11.

11th and 12th rows: Repeat first 2 rows on line 12.

Work a French knot in the centre of each diamond in a contrasting shade.

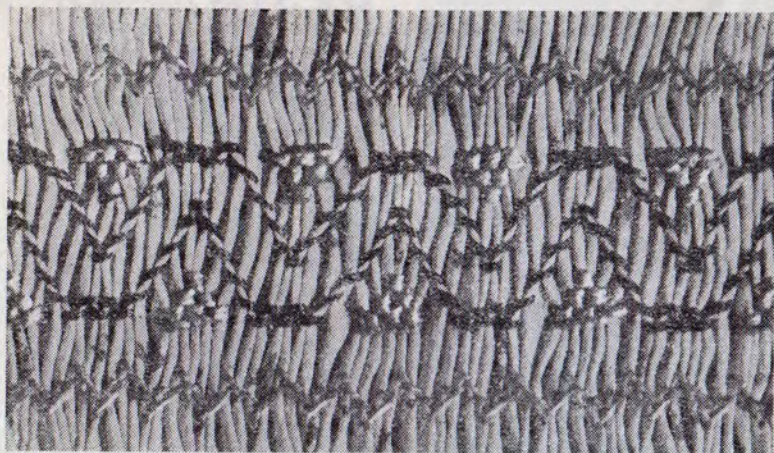
The original was worked in Cyclamen and Mid-Blue on Powder Blue background.



Here is a design ideal as a finish to a girl's frock. In the illustration it is shown worked on the yoke only, and also worked as two bands on yoke and waist.



DESIGN No. 9



Transfer on 8 lines of dots.

1st row: Feather stitch worked between lines 1 and 2.

2nd row: Commencing on line 3, work a 4-step wave, descending to line 5, then a 4-step wave ascending to line 3, followed by 5 cable stitches. Repeat along row.

3rd row: Commencing on line 5, work a 2-step wave descending to line 6, * 5 cable stitches, a 4-step wave ascending to line 4, followed by a 4-step wave descending to line 6. Repeat from * along row. **NOTE:** The centre of the cable stitches in the 3rd row must come directly below the points of the 2nd row, but one line lower, just as the points of the 3rd row must come directly under the centre of the cable stitches of the 2nd row.

4th row: Feather stitch worked between lines 7 and 8.

With a contrasting shade, work the triangles inside each point as follows:—Work 6 outline stitches over the 6 flutes in the centre of each point on the same level as the cable stitches, then form the triangles by working cable stitches close together above the outline stitches, tapering off to a point in the centre.

The original was worked in Pink and Green on a White background lightly scattered with a small Pink and Green floral design.



A lovely decoration for a baby nightdress. The feather stitch at top and bottom is admirably suited for this finish. Everything that is dainty and sweet.

DESIGN No. 10

Transfer on 10 lines of dots.

1st row: Single wave stitch worked between lines 1 and 2.

2nd row: Cable stitch worked on line 3.

3rd row: Commencing halfway between lines 5 and 6, work a 3-step wave ascending to line 4, a 3-step wave descending to halfway between lines 5 and 6, a 2-step wave ascending to halfway between lines 4 and 5, then a 2-step wave descending to halfway between lines 5 and 6. Repeat along row.

4th row: Repeat 3rd row, commencing halfway between lines 5 and 6 and reversing the order to form alternate large and small diamonds.

5th row: Cable stitch worked on line 8.

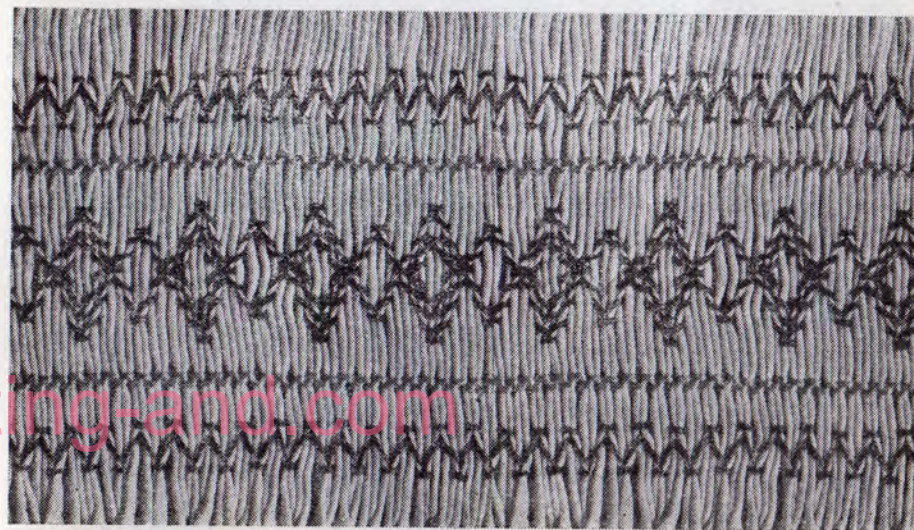
6th row: Single wave stitch worked between lines 9 and 10.

With a contrasting shade, work a smaller diamond in wave stitch inside each larger diamond.

The original was worked in Turquoise, Orange and Brown on Lemon background.



H.M. THE BABY will look his best when he wears his favourite romper suit finished with this design smocked on the yoke.



DESIGN No. 11



Transfer on 8 lines of dots.

1st row: Cable stitch worked on line 1.

2nd row: Outline stitch worked halfway between lines 1 and 2.

3rd row: Cable stitch worked on line 2.

4th row: Commencing on line 4, work a 2-step wave ascending to line 3, then a 2-step wave descending to line 4. Repeat along row.

5th row: Commencing on line 4, work the 4th row in reverse to form diamonds.

6th row: Working between lines 5 and 6, repeat the 4th row to form a double set of diamonds.

7th row: Cable stitch worked on line 7.

8th row: Outline stitch worked halfway between lines 7 and 8.

9th row: Cable stitch worked on line 8.

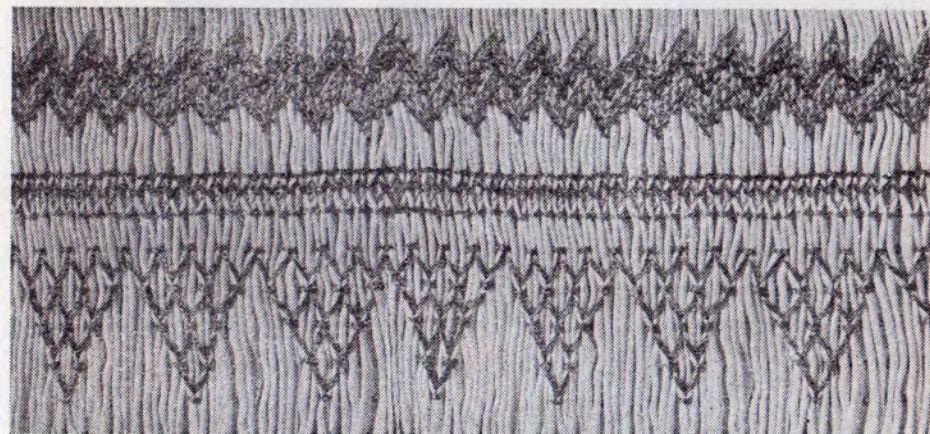
With a contrasting shade, work a small cross in the centre of each diamond.

The original was worked in Rose Pink and Delphinium Blue on a Pale Pink background lightly patterned with small Pink and Blue flowers.

Here is a pattern to decorate a little toddler's smock. Finished with little crosses embroidered in the smocking, it really is a "winner."



DESIGN No. 12



Transfer on 11 lines of dots.

1st row: Commencing on line 1, work feather stitch in 3 steps, descending to halfway between lines 2 and 3, ascending to line 1. Repeat along row.

2nd, 3rd and 4th rows: Repeat the 1st line, each half a line lower.

5th row: Double loop stitch worked between lines 5 and 6.

6th row: Single wave stitch worked between lines 7 and 8.

7th row: Single wave stitch worked between lines 8 and 9 to form diamonds, missing every 4th diamond, thus commencing the shaping of the points.

8th and 9th rows: Work in single wave, forming diamonds until the points are completed.

The original was very effective worked in Lilac, Cyclamen and two shades of Green on a White background.



Party Frock. Any little girl will be both happy and proud to have this design smocked on her frock. A lovely, dainty combination, finished with the points so suitable for this particular purpose.

DESIGN No. 13

Transfer on 9 lines of dots.

1st 4 rows: Cable stitch worked between lines 1 and 2.

5th row: Commencing on line 4, one step wave up to line 3, one step wave down to line 4, followed by 3 cable stitches; repeat along row.

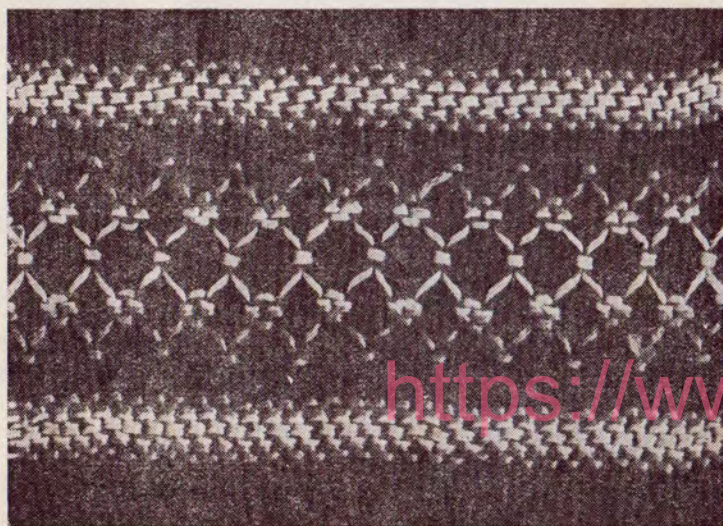
6th row: Repeat 5th row, reversing the order of stitch to form diamonds.

7th and 8th row: Repeat rows 5 and 6, each one line lower.

9th, 10th, 11th and 12th rows: Repeat first 4 rows between lines 8 and 9.

The original was worked in Leaf Green and Daffodil Yellow on Chocolate Brown background.

A smaller design useful for many purposes, but offered as a special "three-way" decoration for a blouse. Very unusual, but very modern and fashionable.



DESIGN No. 14

Transfer on 14 lines of dots.

1st row: Feather stitch worked between lines 1 and 2.

2nd row: Repeat the 1st row between lines 2 and 3.

3rd row: Repeat the 1st row between lines 3 and 4.

4th row: Single wave worked between lines 5 and 6.

5th row: Single wave reversed, between lines 6 and 7, to form diamonds.

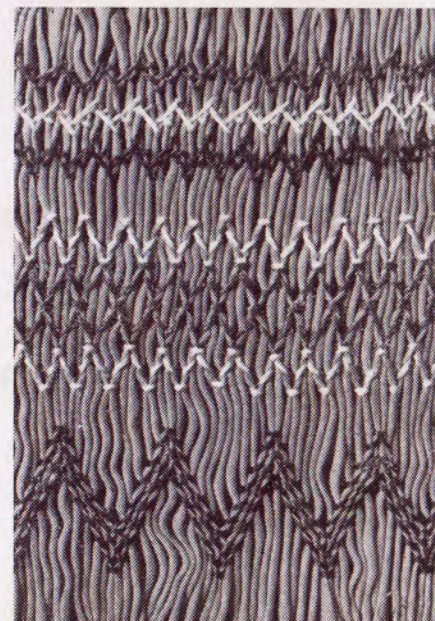
6th row: Repeat the 4th row.

7th row: Repeat the 5th row.

8th row: Commencing on line 10, 5-step wave, descending to halfway between lines 12 and 13, ascending to line 10. Repeat along row.

9th and 10th rows: Repeat the 8th row, each half a line lower.

The original was worked in Dusty Pink and 2 shades of Mauve on a Power Blue background.



Delicate and dainty to finish off a frock for any sweet little girl.