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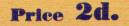
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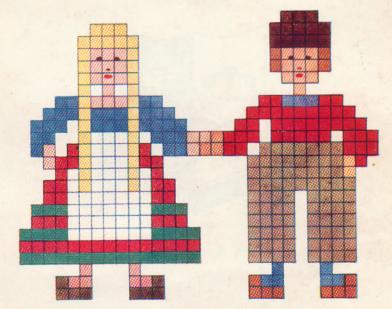


The School Book of Embroidery

https://www.knitting-and.co



EMBROIDERY



ADVANCED AND http://www.begtlinjneerson

USE

ANCHOR



STRANDED COTTON

https://www.knitting-and.com

SIMPLE EMBROIDERY STITCHES





STEM STITCH

Pick up a small stitch, keeping thread to right of needle.

SATIN STITCH

This stitch can be worked either from right to left or vice versa. When the latter, the effect is tighter or closer. Single satin stitch has a space between each stitch.

BUTTON STITCH

Hold thread down with left needle downwards; pull needle through. Place stitches close together.

thumb; lift a stitch, pointing

BLANKET STITCH

Hold thread down with left thumb; lift a stitch, pointing needle downwards; pull needle through. Leave space between each stitch.



DAISY STITCH

Hold thread down with left thumb, and work it like a chain stitch (A), with loop caught down with a small stitch (see B).



BACK STITCH

Work

DARNING STITCH

ing a very small stitch.

Pick up a small stitch, always getting back to the last one.

FLY STITCH

Slant the thread, hold it down with the thumb, then pick up stitch, pointing the needle towards the thread ; pull needle through, catch down loop with small stitch.

CHAIN STITCH

Hold thread down with left thumb; lift a stitch from the starting place of thread, pointing needle downwards; pull needle. Always lift up stitch from inside of last loop.



COPY THESE SIMPLE DESIGNS BY USING A PENNY AND A HALFPENNY



No. 1—" Anchor " Stranded Cotton, Nos. F. 382 (Poppy Red), F. 425 (Blue). Use 6 strands. Outline, Stem, F. 382. Eyes, Button, F. 425.

No. 2—" Anchor '' Stranded Cotton, Nos. F. 425 (Blue), F. 525 (Jade), F. 606 (Periwinkle), F. 749 (French Pink) Use 6 strands.

Outline of Boat, Stem, F. 525. Outline of Paddle, Chain, F. 525, F. 606. Masts, Stem, F. 525. Funnel, Satin, F. 749. Flags, Back Stitch, F. 749. Smoke, Stem, F. 425. Waves, Running, F. 425. No. 3—" Anchor '' Stranded Cotton, Nos. F. 443 (Buttercup), F. 468 (Geranium), F. 515 (Orange), F. 525 (Jade). Use 6 strands.

Flowers, Blanket, F. 443, F. 515; Fly, F. 468; Stem, F. 468 Stems, Stem, F. 525. Leaves, Daisy, F. 525.

No. 4—" Anchor " Stranded Cotton, Nos. F. 469 (Geranium), F. 525 (Jade), F. 699 (Black), F. 425 (Blue), (F. 539 (Marigold), Use 6 strands.

Outline of Head, Stem, F. 469, Outline of Body, Chain, F. 525. Eye, Satin, F. 469, F. 699, Beak, Satin, F. 539, Worm, Stem, F. 469. Wing and Tail, Back, F. 425. Legs, Back, F. 699. Feet, Back, F. 469. Grass, Back, F. 525.

Stitches used-Stem, Button, Chain, Satin, Back Stitch, Running, Blanket, Fly, Daisy.

HERE ARE A FEW SUGGESTIONS FOR EMBROIDERING THE DESIGNS

INTERMEDIATE EMBROIDERY STITCHES





FEATHER STITCH

Hold thread down with left thumb; pick up slanting stitch on right of thread, needle pointing towards the middle; pull needle; thread below thumb, and turn needle over left hand; pick up slanting stitch on left side of thread; pull needle.

COUCHING STITCH

Place a thick thread (or threads) on outline of pattern and sew it (or them) down with a single stitch of a fine thread spaced at regular intervals.

LONG and SHORT STITCH

As its name implies, it is an uneven satin stitch, and is used as a filling-in stitch. Keep to the outline for the first row, then work the stitches of the second row to lie between and to overlap the end of the first row; make the stitches follow the shape of the pattern.

HERRING-BONE STITCH

Always keep thread on top of needle, and pick up a small stitch to the left of the thread, and then to the right. A "closed" herringbone stitch has no space between the stitches, and on the wrong side there is a duble row of stitching.

B



The longer stitch row is worked first. For Blanket Stitch, see page 3.

DARNED BLANKET STITCH

Work a row of blanket stitch, then darn, lifting every alternate stitch. The number of rows of darning depends on the depth of the blanket stitch.

SNAIL TRAIL

Hold the thread in place on the pattern line with the left thumb, and pick up a small stitch under the thread. The knots can be spaced at any distance from each other, but must be regular.

Rows of FLY STITCH and a SINGLE SATIN STITCH









FRENCH KNOTS

Hold thread tight with left finger and thumb; twist needle once of twice round it; insert needle at starting place, and bring it out into position for next stitch (B). Keep thread firm until needle is pulled through the twist. A double thread twisted once round the needle makes a rounder and fatter knot than a single thread twisted several times.







REPRODUCE THESE DESIGNS ON SQUARED PAPER



No. 1—" Anchor '' Stranded Cotton, Nos. F. 443 (Buttercup), F. 487 (Canary), F. 463 (Apple Green), F. 559 (Starch Blue), F. 580 (Nigger), F. 699 (Black), F. 721 (White), F. 751 (Geranium), F. 805 (Cedar), F. 811 (Sage Drab). Use 3 strands.

 Rabbits, Long and Short Satin Shaded, F. 580, F. 805,

 F. 811, F. 721. Eyes, French Knots, F. 721; Single Satin,

 F. 609. Nose, Single Satin, F. 609. Ears, Satin, F. 580,

 F. 805. Flowers—Petals, Daisy, F. 751, F. 443, F. 559;

 Centres, French Knots, F. 580, F. 487. Stems, Stem, F. 463.

 Leaves, Daisy, F. 463. Grass, Fly, F. 463.

No. 2—"Anchor "Stranded Cotton, Nos. F. 514 (Orange), F. 597 (Cardinal), F. 606 (Perlwinkle), F. 669 (Gold Fish), F. 699 (Black), F. 740 (Persian Rose), F. 498 (Grass Green). Use 6 strands.

Flag-Mast, Stem, F. 606; Outline, Stem, F. 669; Filling Darning, F. 669, Sails-Outlines, Stem, F. 514, F. 740; Fillings, Seeding, F. 669, F. 597; Rigging, Stem, F. 699. Boat-Outline, Stem, F. 514, F. 606; Filling, Satin, F. 514, F. 606; Waves, Stem, F. 498.

No. 3—" Anchor " Stranded Cotton, Nos. F. 409 (Dark Gobelin Green), F. 424 F. 425 (Blue), F. 488 (Canary), F. 498 (Grass Green), F. 514 (Orange), F. 539 (Marigold), F. 586 F. 587 (Cyclamen), F. 749 (French Pink), F. 795 (Straw Yellow). Use 6 strands.

Flowers (start from left)—Petals, Daisy, F. 586, F. 749, F. 539, F. 795, F. 514, F. 424, F. 587; Centres, Satin, F. 795, F. 488 F. 498, Leaves, Daisy, F. 498, F. 425. Dots, Satin, F. 498, F. 425. Decoration, Fly, F. 409, F. 408.

Stitches used-Long and Short Satin Shaded, French Knots, Single Satin, Satin, Daisy, Stem, Fly, Darning, Seeding.

A FEW SUGGESTIONS FOR EMBROIDERED ARTICLES

ADVANCED EMBROIDERY STITCHES



KNOT STITCH

Blanket stitch into edge of material, hold thread with left finger and thumb, then work another into loop behind the two threads; (B) pull thread towards material. If bigger knot desired, make 2nd blanket stitch into loop to the left of last stitch. See (C).

ZIG-ZAG CHAIN STITCH

OVERCAST

STITCH

Make a chain stitch, and slant the needle—first one side, then the other. The more the needle is slanting, the more emphasised is the zig-zag.

HERRING-BONE

SEEDING STITCH

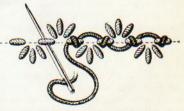
This is a regular-sized stitch made in any direction and placed as much as possible at right angles to one another. A back stitch can also be used, which gives a more raised effect.

BULLION STITCH

Pick up a back stitch, bringing needle out at start, Twist thread over needle from left to right to equal space of the stitch. Hold left thumb on coiled thread until needle has been pulled through; insert needle at arrow-head, Use a needle with small head.







SINGLE SATIN STITCHES RADIATING OVERCASTING HORIZONTAL itting-anstitch TWICE





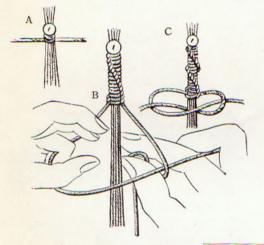




ORIENTAL STITCH Pick up a small stitch as A, then pick up another on the other side of it at the opposite end, B. Place stitches close together.

HOW TO MAKE CORDS



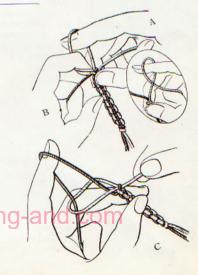


FANCY CORD

Secure both ends of the padding strands by something rigid, then place the middle of the thread behind the strands (A), lift up left half-thread with the 3rd left finger (palm downwards) and hold the other half with finger and thumb of right hand. Pick up the left thread with right 2nd finger (palm upwards) and lift it across the strands, turn hand as in (B) and pass a loop of right thread across to left finger and thumb behind the strands. Pull out ends (C) and tighten thread till it is close up to last stitch. It is a double button stitch, and its edges twist round the strands as the cord is made.

FINGER CORD

Knot threads together and keep the colours separate. Hold knot with right 2nd finger and thumb, and twist light thread over right 1st finger (A); keep that finger upright. Lift up dark thread with the three end left fingers, and pick up dark thread with left 1st finger through the loop of light thread (B). As the left 1st finger is becoming upright, pass the knot across to the left 2nd finger and thumb, and pull light end tight (C). Now work from other side; lift up light thread through dark loop, pass cord across to right 2nd finger and thumb, and pull dark end. The dark end always keeps on the left side and the light on the right; it is only the cord that is passed across. This cord is a double chain stitch, and requires four times its length of thread to make.



FLORAL DESIGNS YOU CAN COPY FREEHAND



No. I. "Anchor" Stranded Cotton Nos. F. 466, F. 467 (Geranium), F. 596 (Cardinal), F. 731 (Emerald Green), F. 732 (Spring Green). Use 3 Strands.

	Stitch	Color No.		Stitch	Color No.
Rose Petals	Satin, Long and Short	Satin Cal	lyx	 Slanting Satin	F. 731
	and Stem F. 596,	F. 467, F. 466 Set	pals	 Slanting Satin	. F. 732, F. 731
Bud	Satin and Long and	Short Ste	ems	 Stem	F. 732
	Satin	F. 467, F. 466 Les	aves	 Slanting Satin	. F. 732, F. 731
		ww kni	A . A . A		

Instructions continued overleaf

No. 2. "Anchor" Stranded Cotton Nos. F. 408 (Gobelin), F. 424, F. 427 (Blue), F. 437 (Pink), F. 440 (Pink), F. 443 (Buttercup), F. 488 (Canary), F. 577 (Laurel), F. 599 (Cardinal), F. 721 (White), F. 754 (Floral Pink).

No, in brackets denotes number of strands to be used.

	Stitch	Color No.	Stitch	Color No.
Large Pink Flowe	r—		Small Blue Flowers-	
Fill in 3 Shades S Centre S	Stem (3) Single Satin (4) F. 440, F. Satin (3) Long and Short (3)	437, F. 599 F. 721	Satin (2) Daisy (2) Centres Satin (2) Stems Stem (2) Stems Stem (2)	F. 443 F. 721 F. 408
Fill in S Centre S	Stem (3) Single Satin (3) Satin (3) Fly (3)	F. 424 F. 721	Leaves— Outline Stem (3) Veins Stem and Fly (3)	F. 577
Smaller Pink Flow	wer—		Small Solid Leaves Slanting Satin (3) F Yellow Fern Leaf Feather (3)	. 577, F. 408
	Satin (3) F.		Basket—	1.440
Sepals I	vers	F. 408	Outline Stem (4) Stem (3) Stem Stem (4) Stem (3) Stem Stem (4) Stem (3) Stem Stem (4) Stem Stem (4) Stem Stem	F. 443 F. 443

No. 3. "Anchor "Stranded Cotton Nos. F. 382 (Poppy Red), F. 443 (Buttercup), F. 460 (Sky Blue), F. 463 (Apple Green), F. 530 (Madder Pink), F. 538 (Marigold), F. 565 (Electric Blue), F. 569 (Ochre Yellow), F. 576, F. 577 (Laurel Green), F. 699 (Black).

No. in brackets denotes number of strands to be used.

	Stitch	Color No.		Stitch	Color No.
Middle Flower-	-		Left Leaf-		
Outline Fill in Fill in Fill in Radiating Sts. from Centre Centre Centres Outlines Fill in	Single Satin (4) French Knots (4) Single Satin (4) Stem (4)	F. 382 F. 538 F. 569, F. 538 F. 569, F. 530 F. 460, F. 699 F. 460, F. 699 F. 463	Centre Fill in Small Centre Lo	Fly with centre Single Satin French Knots (4)	F. 576 F. 576 (6) F. 565 F. 460
Sepals	Daisy (6)	·· ·· ·· F. 530	Outline	Chain (4) Herringbone (4)	
Left Flower-			Right Leaf-		
	Blanket (6) French Knots (4 a Fly Stitch with S in centre (4) Chain (6)	F. 538, F. 460, F. 699 Single Satin 	Outline Centre Fill in Stem— Foot of Mid Stem. Fill in	$\begin{array}{ccc} \text{Chain} \ (6) & \ldots & \ldots & \vdots \\ \text{Blanket} \ (4) & \ldots & F \\ \text{Fly with centre Single Satin} \\ \text{Seeding} \ (4) & \ldots & F \\ \text{Slanting Satin} \ (4) & \ldots & F \\ \text{Chain} \ (6) & \ldots & \ldots & F \end{array}$	F. 576 577, F. 463 (6) F. 565 460, F. 565 F. 577
Right Flower-			Small Flower-		
Spots outside Flower Outline Fill in	Slanting Satin (3) Cross Stitch (3)	F. 443 F. 460 F. 460, F. 538 F. 538, F. 565, F. 569	Centre Stem	C	F. 569 F. 565
			Mound—		
Wavy Line Line across foot Fill in Sepals	Chain (6) Seeding (4)	F. 460 F. 699 F. 577	Fill in	Chain (6)	F. 460 569, F. 463 ws

DECORATE THEM WITH EMBROIDERED DESIGNS



A GOLDEN GALLEON ON AN EMERALD OCEAN



"A sailing ship put out to sea"—long years ago! Let your needle bring it back and capture it for ever in the FAST colors of ANCHOR Stranded Cotton. It's easy to work with this delightful thread and the clear instructional leaflet containing transfer is obtainable from Box 1694 P, G.P.O., Melbourne. Price, 2d. Post Free.

ALWAYS USE ANCHOR STRANDED COTTON

REMARKS

INTERMEDIATE STAGE



TO ENLARGE DESIGNS Nos. 1 and 3

The design selected has squares ruled over it as in Diagram A. The size required for enlargement also contains the same number of squares though on a larger scale, as in Diagram B. Draw out design on Diagram B, watching the position of the outline in relation to the squares. This method can be made easier by using squared paper.

Reduction of design is done by the same method, only squares on Diagram B being on a smaller scale.

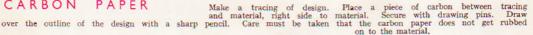
There are two ways of tracing the design on to material-either by using carbon paper, or by the Pricking and Pouncing method.

PRICKING AND POUNCING

Lay tracing paper over design, fastening at corners with pins; and trace design. Place tracing over a piece of light-coloured felt or one or two layers of flannel, with pencilled side next material. Prick along lines of design with a thick crewel needle. Lay pricked tracing on material with rough side up, and secure with pins. With a firm pad of flannel dipped in powdered charcoal, rub over the tracing. Use just sufficient charcoal to show a clear line. Remove tracing and paint over the charcoal lines, using a fine brush and blue paint. When dry, shake off surplus powder. shake off surplus powder.

This method makes it possible to transfer any design, without being limited to printed transfers. In the case of light-coloured organdie, this process is unnecessary as the organdie can be placed over design and traced at once.

CARBON PAPER



A

CROSS STITCH

For single cross stitches, each cross should be completed (A and B) before passing to the next cross. When there is a row of cross stitches, begin at the right-hand side and work slanting satin stitches along the row (A); then, without changing the position of the work, return with a similar stitch worked in the opposite direction It is very important that the direction of the top stitches is kept the same throughout the design.

